

Make eye drops part of
your Ramadan routine:

“ Wake, drops, eat, pray, done! ”



“ If in doubt, use your drops
before suhoor and after iftar. ”

Imam



“ Eye drops are not
considered food
or drink, so don't
break your fast. ”

Patient



“ Use eye drops
every day or
your sight may
be damaged. ”

Ophthalmologist



“ Blocking your tear
duct means the drops
won't reach the back
of your throat. ”

Family

It's important to keep taking glaucoma eye drops throughout the month of Ramadan. Stopping for even a short period could cause permanent damage to your vision.

For more information, advice and handy tips, visit:
glaucoma.uk/ramadan