

Make eye drops a part of your **Ramadan routine:**

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**Wake, drops,
eat, pray, done!**”

”



“ Using eye drops does not break your fast, according to the majority of Islamic scholars.”

Imam



“ Blocking my tear duct means the drops stay in my eye and don't reach the back of my throat.”

Patient



“ Use eye drops every day or your sight may be damaged.”

Ophthalmologist



“ My family member living with glaucoma uses their drops **between Iftar and Suhoor.**”

Family

It's important to continue taking glaucoma eye drops throughout the month of Ramadan. Stopping for even a short period could cause **permanent damage to your vision.**

For more information, advice and handy tips, visit:
glaucoma.uk/ramadan



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